



PHI GAMMA DELTA
BUILDING COURAGEOUS LEADERS

Taking on Testing Points:

**Healthy Relationships &
Sexual Assault Prevention**



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Sexual Assault Prevention**

THE FRATERNITY OF PHI GAMMA DELTA

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Critical Conversations for Courageous Leaders

“A Call to Men” TED Talk Conversation Guide

Synopsis & Link

Tony Porter makes a call to men everywhere: Don't "act like a man." Telling powerful stories from his own life, he shows how this mentality, drummed into so many men and boys, can lead men to disrespect, mistreat and abuse women and each other. His solution: Break free of the "man box."

Link: https://www.ted.com/talks/tony_porter_a_call_to_men

Conversation Questions

- Discuss the experiences of the person in this video. Are there parts of his story that are similar to the way you were raised?
- What are the drawbacks of constantly telling little boys that they shouldn't cry or express emotions?
- How common is it for young men to lie about the first time they have had sex? What are the main influences for why they lie?
- How does hiding emotions and viewing women as objects affect young men?
- What can young men do to talk about their emotions and promote equality with women?

Source:

Thank you to Pi Kappa Phi Fraternity for sharing the content of this conversation guide.

The conversation questions were compiled by Ross Szabo. Ross is the CEO of the Human Power Project, a company that designs cutting edge mental health curriculum for people of all ages including Behind Happy Faces. He is an award winning speaker, writer, trainer and Returned Peace Corps Volunteer. Ross has spoken to more than 1 million people about the importance of mental health and provided a positive example to empower them to seek help. Ross turned a diagnosis of bipolar disorder with anger control problems and psychotic features at age 16, into an opportunity to educate others. He is the co-author of Behind Happy Faces; Taking Charge of Your Mental Health and a blogger for The Huffington Post. Ross has received the 2010 Didi Hirsch Removing the Stigma Leadership Award, 2012 Changing Minds Award and had his advocacy work entered in the Congressional Record.

The Bystander Moment Film & Discussion

Synopsis & Link

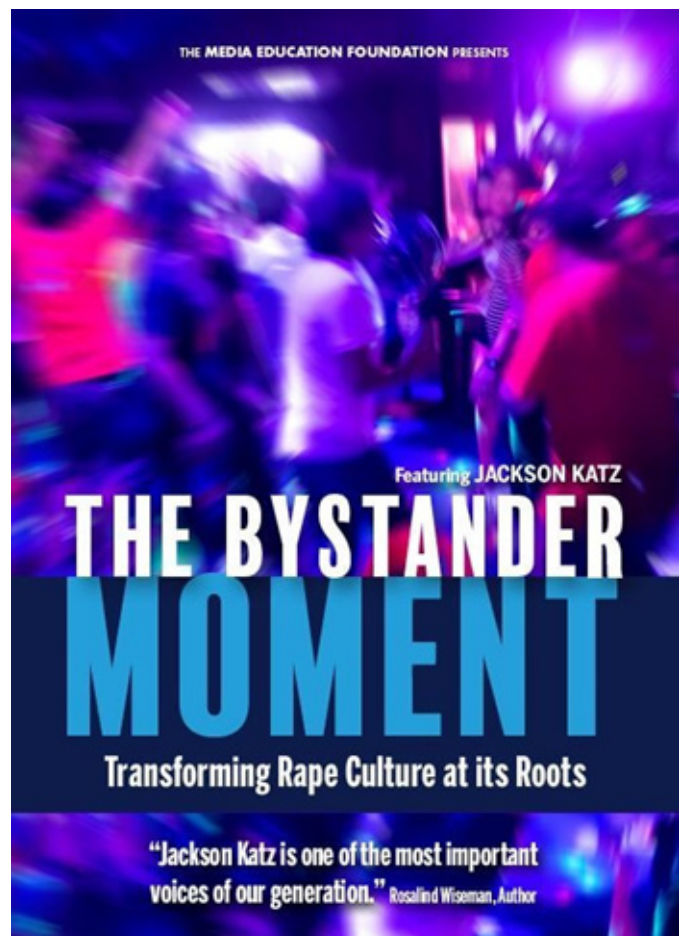
The #MeToo movement has shined much-needed light on the pervasiveness of sexual harassment and abuse and created unprecedented demand for gender violence prevention models that actually work. The Bystander Moment tells the story of one of the most prominent and proven of these models - the innovative bystander approach developed by pioneering activist and writer Jackson Katz and his colleagues. In a riveting analysis illustrated with archival footage and clips from news, sports, and entertainment media, Katz explores the role of bystanders - especially friends, teammates, classmates, and co-workers - in perpetuating sexual harassment, sexual assault, and other forms of gender violence. Katz also gives special attention to the peer culture dynamics - in particular the male peer culture dynamics across race and ethnicity - that help to normalize sexism and misogyny while silencing other men in the face of abuse. Along the way, The Bystander Moment stresses the crucial importance of appealing to people not as potential perpetrators or passive spectators, but as active bystanders and potential leaders who have a positive role to play in challenging and changing the sexist cultural norms that too often lead to gender violence. The result is an indispensable educational tool in the ongoing struggle to prevent sexism and misogyny and promote gender equality. Learn more at bystandermoment.org.

Links to viewing options:

1. [Find a screening near you](#)
2. [Purchase a 7-Day Streaming Rental](#) (\$50)
3. Jackson Katz' TED Talk [Violence Against Women—It's a Men's Issue](#) is a reasonable substitute if your chapter cannot afford the streaming fee.

[View the Film Trailer Here.](#)

[Download the Free Discussion Guide: The Bystander Moment.](#)



10 Things Men Can Do to Prevent Gender Violence Conversation Guide

Synopsis & Link

This list of 10 actionable steps your chapter and individual brothers can take to prevent gender violence and support survivors.

Link: <https://mediaed.org/handouts/10-Things-Men-Can-Do.pdf>

Conversation Questions

- Which of these 10 items feels easiest to implement? Which feels most difficult? Why?
- Why/how is gender violence a men's issue? In what ways does our society attempt to frame gender violence a women's issue? (Example, blaming victims)
- How can our chapter lead by example in preventing gender violence and supporting survivors? What actions & attitudes are counterproductive to this?
- If you suspect that someone close to you is being abused or has been sexually assaulted what campus resources are available?

Source:

10 Things Men Can Do to Prevent Gender Violence was produced by MVP Strategies, a gender violence prevention education and training organization. For more information, go to www.mvpstrategies.com.

The conversation questions were compiled by Phi Gamma Delta.

Sexual Assault Awareness & Prevention Month Resources

RAINN - All April / April 6-8, 2021

RAINN's Mission

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the **National Sexual Assault Hotline (800-656-HOPE, [online.rainn.org](https://www.rainn.org) y rainn.org/es)** in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

Website: www.rainn.org

Getting Involved With RAINN During SAAPM:

- Visit rainn.org/saapm for the most up to date information.
- RAINN Day, Visit rainn.org/rainnday for this year's schedule.
 - RAINN Day is an opportunity for college students to demonstrate to your peers that you are an ally in the fight against sexual violence. Join the conversation online with the hashtags *#RAINNDay* and *#WontStayQuiet*.
 - Download RAINN's student-led [RAINN Day Event Planning Guide](#) for event ideas and more. Create a virtual event for any size or budget in your college community. The guide also includes free printable posters that can be shared on social media too.
- Use social media to spread important messages about consent and healing for survivors. Follow RAINN on TikTok, Instagram, Twitter, and Facebook, for unique, shareable graphics and posts to help spread awareness, statistics about sexual violence to your friends, family, and social networks. Share our posts, tag @RAINN, and encourage others to do the same. You never know who needs to see your post this #SAAPM.
 - View the [Social Media Tool Kit](#) for engaging ways to share your chapter's support.



Denim Day- April 28, 2021

About Denim Day

For the past 22 years, Peace Over Violence has run an inspiring and powerful opportunity to practice solidarity and support survivors by renewing our commitment to exposing harmful behaviors and attitudes surrounding sexual violence. Denim Day is a campaign on a Wednesday in April in honor of Sexual Assault Awareness Month. The campaign began after a ruling by the Italian Supreme Court where a rape conviction was overturned because the justices felt that since the victim was wearing tight jeans, she must have helped the person who raped her remove her jeans, thereby implying consent. The following day, the women in the Italian Parliament came to work wearing jeans in solidarity with the victim. Peace Over Violence developed the Denim Day campaign in response to this case and the activism surrounding it. Since then, what started as a local campaign to bring awareness to victim blaming and destructive myths that surround sexual violence has grown into a movement. As the longest running sexual violence prevention and education campaign in history, Denim Day asks community members, elected officials, businesses and students to make a social statement with their fashion statement by wearing jeans on this day as a visible means of protest the misconceptions that surround sexual violence.

Website: www.denimdayinfo.org.

Getting Involved with Denim Day:

- Visit denimdayinfo.org for the most up to date information.
- Support by asking brothers and friends to wear denim on *#DenimDay*. We encourage brothers join millions of other people across the world in wearing jeans with a purpose- to support survivors and educate ourselves and others about all forms of sexual violence.
- [Click here](#) for Action Signs to print and take photos with as well as sharable images for your chapter's social media.



Take Back the Night- Global Event April 29, 2021

About Take Back the Night (TBTN)

Take Back The Night Foundation® is the earliest worldwide movement to stand against sexual violence, especially violence against women. TBTN events began in the 1960's in Belgium and England with protests about women not feeling safe walking down the street alone at night. In 1973, in the United States, a group of women at the University of Southern Florida dressed in black sheets, held broomsticks, and marched through campus demanding a women's center. In 1975, a crowd in Philadelphia held a Take Back The Night Event to protest the murder of a microbiologist walking home after work. In the 70's, San Francisco had a number of rallies in protest of "snuff" pornography and violence against women.

These early protests sparked hundreds of events on college campuses and in communities of all sizes and locations, all hoping to bring awareness to sexual violence and provide support for victims. More and more communities have since joined the movement around the world to hold events related to their goals of support and awareness. We now reach millions of people each year!

Website: www.takebackthenight.org.

Getting Involved With Take Back the Night

- Many college campuses or local organizations host local Take Back the Night events. When chapters participate as allies it is crucial to remain respectful as these often somber Survivor centered events focused on healing and sharing.
- Register for the [Global Virtual TBTN Event](#). There are several events focused on men's role in ending sexual violence, visit the website for specific times/topics.



Additional Resources

Get Help Fast

- [Canadian Resource Centre for Victims of Violence Crime](#) (Canada) | 1.877.232.2610
- [National Dating Abuse Helpline](#) (Canada) | Text 'LOVEIS' to 22522
- [The National Domestic Violence Hotline](#) (US) | 1.800.799.7233. (SAFE)
- [National Dating Abuse Helpline](#) (US) | 1.866.331.9474
- [National Sexual Assault Hotline](#) (US) | 1.800.656.4673 (HOPE)

Learn More

- [Addressing Sexual & Relationship Violence: A Trauma-Informed Approach Campus & Sexual Violence](#)
- Canadian Women.org, <https://canadianwomen.org/the-facts/sexual-assault-harassment/>
- CDC Report Sexual Violence on Campus: [Strategies for Prevention](#)
- National Sexual Violence Resource Center (NSVRC), www.nsvr.org
- [Ending Violence Canada](#)
- [LevelsRespect.org](#)
- Washington Post, [Sexual Assault Against Boys Is a Crisis](#)
- Ted Talks
 - Tony Porter: [A Call to Men](#)
 - Ines Hercovich: [Why Women Stay Silent After Sexual Assault](#)
 - Jackson Katz: [Violence Against Women—It's a Men's Issue](#)
 - Leslie Morgan Steiner: [Why Domestic Violence Victims Don't Leave](#)
 - Laura L. Dunn: [It's Time for the Law to Protect Victims of Gender Violence](#)
 - Ione Wells: [How We Talk About Sexual Assault Online](#)
 - Meera Vijayann: [Find Your Voice Against Gender Violence](#)
 - Al Vernacchio: [Sex Needs a New Metaphor. Here's One ...](#)

Your campus and/or local community is an excellent place for resources and education. Need help finding them? Email Lauren Leif, Director of Education, at lleif@phigam.org.



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